





This Institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NO CHEF SALADS ON THE FOLLOWING DAYS: 6, 7, 12, 14, 19, 20, 21, 26, 28			1/ BREAKFAST: Long John LUNCH: Pork Tenderloin/WG Bun, Peas, Mixed Fruit ALTERNATE: Turkey Wrap Chef Salads for MS HS & Staff	2/ NO SCHOOL	3/
4/ 	5/ NO SCHOOL	6/ BREAKFAST: Cereal Bar LUNCH: Chicken Drumsticks, Sunchips, Mixed Vegetables, Apple Slices ALTERNATE: Ham/WG Bun NO CHEF SALADS TODAY	7/ BREAKFAST: Breakfast Bar LUNCH: Chicken & Noodles, Green Beans, Bread & Butter, Pears ALTERNATE: Turkey, Ham & Cheese Sub NO CHEF SALADS TODAY	8/ BREAKFAST: French Toast Sticks LUNCH: Bratwurst/WG Bun, Baked Beans, Peaches ALTERNATE: Turkey/WG Bun Chef Salads for MS HS & Staff	9/ BREAKFAST: Scrambled Eggs/Toast LUNCH: Pizza, Marinara, Carrot Sticks, Sherbet ALTERNATE: Egg Salad/Croissant Chef Salads for MS HS & Staff	10/
11/	12/ BREAKFAST: Snackbread LUNCH: Sloppy Joes/WG Bun, Potato Wedges, Mixed Fruit ALTERNATE: Ham/WG Bun NO CHEF SALADS TODAY	13/ BREAKFAST: Pancake/Sausage on a stick LUNCH: Chicken Patty/WG Bun, Steamed Carrots, Applesauce ALTERNATE: Italian Sub Chef Salads for MS HS & Staff	14/ BREAKFAST: Waffles LUNCH: Breaded Pork Patty, Bread & Butter, Cheesy Potatoes, Green Beans, Pears ALTERNATE: Turkey/Bun NO CHEF SALADS TODAY	15/ BREAKFAST: Bagel/Cream Cheese LUNCH: Hot Dog/WG Bun, Coleslaw, Peaches ALTERNATE: Chicken Salad/Croissant Chef Salads for MS HS & Staff	16/ BREAKFAST: Cheese Omelet/Toast LUNCH: Pizza Crunchers, Marinara, Lettuce Salad/Dressing, Pineapple ALTERNATE: Ham & Cheese Chef Salads for MS HS & Staff	17/
18/	19/ BREAKFAST: Muffin LUNCH: Hamburger/WG Bun, Smiley Potatoes, Apple Slices ALTERNATE: Egg Salad/WG Bun NO CHEF SALADS TODAY	20/ BREAKFAST: Cinnamon Roll LUNCH: Chicken Nuggets, Pasta Salad, Mixed Vegetables, Mixed Fruit ALTERNATE: Ham/WG Bun NO CHEF SALADS TODAY	21/ BREAKFAST: Nutri-Grain Bar & Cheese Stick LUNCH: Scalloped Potatoes & Ham, Green Beans, Bread & Butter, Peaches ALTERNATE: Chicken Salad/Croissant NO CHEF SALADS TODAY	22/ BREAKFAST: Breakfast Sliders LUNCH: BBQ Pork Rib/WG Bun, Baked Beans, Banana ALTERNATE: Turkey/WG Bun Chef Salads for MS HS & Staff	23/ BREAKFAST: Pancakes LUNCH: Taco Pizza, Salsa, Lettuce/Dressing, Pineapple ALTERNATE: Ham & Cheese Chef Salads for MS HS & Staff	24/
25/	26/ BREAKFAST: Pop Tart LUNCH: Hot Ham & Cheese, Carrot Sticks, Applesauce ALTERNATE: Chicken Salad/Croissant NO CHEF SALADS TODAY	27/ BREAKFAST: Breakfast Wrap LUNCH: Corn Dog, Peas, Pears, Gold Fish Crackers ALTERNATE: Turkey, Ham & Cheese Sub Chef Salads for MS HS & Staff	28/ BREAKFAST: Mini Donuts LUNCH: Chicken Alfredo, Green Beans, Garlic Toast, Orange ALTERNATE: Ham/WG Bun NO CHEF SALADS TODAY	29/ BREAKFAST: Breakfast Pizza Boat LUNCH: Pork Tenderloin/WG Bun, Corn, Mixed Fruit ALTERNATE: Turkey Wrap Chef Salads for MS HS & Staff	30/ BREAKFAST: McJ-Hawk LUNCH: Quesadilla, Salsa, Celery Sticks, Peaches ALTERNATE: Ham & Cheese Chef Salads for MS HS & Staff	

BREAKFAST options include cereal variety, toast, applesauce, apple, orange, orange juice, apple juice and grape juice.

SALAD BAR offered for grades 5-12 may include the following: lettuce, romaine, spinach, broccoli, cauliflower and other fresh vegetables. Also included are: apples, oranges, canned and other fresh fruits. Chef Salads are available on select days. Options vary due to availability.

MENU SUBJECT TO CHANGE