








This Institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	MENUS ARE OFTEN SUBJECT TO CHANGE DUE TO SHORTAGE OF SUPPLIERS. WE WILL DO OUR BEST TO COMPLY WITH THE MENUS.					1/
2/	<b>3/ BREAKFAST: Pop Tart</b> <b>LUNCH: Salisbury Steak/WG Bun, Steamed Carrots, Celery Sticks/low calorie ranch, Apple Slices ALT. Tuna Salad/WG Bun</b>	<b>4/ BREAKFAST: Breakfast Pizza Boat LUNCH: Chicken Nuggets, Sunchips, Peas, Applesauce, Cookie ALT. Cold Ham &amp; Cheese</b>	<b>5/ BREAKFAST: Fruit Frudel LUNCH: Beef &amp; Noodles, Green Beans, Bread &amp; Butter, Diced Pears ALT. Vegetable Egg Roll</b>	<b>6/ BREAKFAST: Pancakes/low calorie syrup LUNCH: Cheddarwurst/WG Bun, Baked Beans, Carrot Stick/low calorie ranch, Banana ALT. Chicken Salad/WG Bun</b>	<b>7/ BREAKFAST: Scrambled Eggs/Toast LUNCH: Cheesy Pull Aparts, Marinara, Mixed Fruit, Shertbet ALT. Turkey, Ham, Cheese Sub</b>	
	<b>10/ BREAKFAST: Muffin</b> <b>LUNCH: Sloppy Joe/WG Bun, Potatoes, Mixed Vegetables, Mandarin Oranges ALT. Egg Salad/WG Bun</b>	<b>11/ BREAKFAST: Pancake/Sausage Bites LUNCH: Grilled Chicken Patty/WG Bun, Corn, Apple Slices ALT. Cold Ham &amp; Cheese</b>	<b>12/ BREAKFAST: Breakfast Burrito LUNCH: Goulash, Green Beans, Tea Roll, Green Beans, Diced Peaches ALT. Chicken Salad/WG Bun</b>	<b>13/ BREAKFAST: Cinnamon Roll LUNCH: Bratwurst/WG Bun, Baked Beans, Carrot Sticks/low calorie ranch, Diced Pears ALT. Turkey/WG Bun</b>	<b>14/ BREAKFAST: Biscuit &amp; Sausage Gravy LUNCH: Taco Pizza, Marinara, Toss Salad/dressing, Mixed Fruit, Cookie ALT: Ham/WG Bun</b>	15/
16/	<b>17/ NO SCHOOL</b>	<b>18/ BREAKFAST: Donut LUNCH: Corn Dog, Baked Beans, Celery Sticks/low calorie ranch, Banana ALT: Turkey Wrap</b>	<b>19/ BREAKFAST: Waffles/low calorie syrup LUNCH: Chicken Tetrazzini, Green Beans, Tea Roll, Diced Peaches ALT: Ham/WG Bun</b>	<b>20/ BREAKFAST: Breakfast Bar LUNCH: BBQ Pork Rib/WG Bun, Fresh Cauliflower/low calorie ranch, Diced Pears ALT: Chicken Salad/WG Croissant</b>	<b>21/ BREAKFAST: Cheese Omelet/Toast LUNCH: Pepperoni Hot Pocket, Carrot Sticks/low calorie ranch, Mixed Fruit, Sherbet ALT: Turkey/WG Bun</b>	
23/ 	<b>24/ BREAKFAST: Bagel/Cream Cheese LUNCH: Breaded Chicken Patty/WG Bun, Steamed Carrots, Mixed Fruit ALT: Egg Salad/WG Bun</b>	<b>25/ BREAKFAST: French Toast Sticks/low calorie syrup LUNCH: Hamburger Patty/WG Bun, Mixed Vegetables, Applesauce ALT: Ham/WG Bun</b>	<b>26/ BREAKFAST: Breakfast Pizza LUNCH: Chilli, Crackers, Mini Cinni, Carrot Sticks, Diced Peaches ALT: Turkey/Swiss/WG Bun</b>	<b>27/ BREAKFAST: Long John LUNCH: Beef Hot Dog/WG Bun, Corn Chips, Baked Beans, Diced Pears ALT: Chicken Salad/WG Bun</b>	<b>28/ BREAKFAST: Chicken &amp; Biscuit Sandwich LUNCH: Pizza Crunchers, Marinara, Lettuce/low calorie dressing, Pineapple Tidbets, Cookie ALT: Ham &amp; Cheese/WG Bun</b>	29//

**BREAKFAST options include cereal variety, toast, applesauce, apple, orange, orange juice, apple juice and grape juice.**

**SALAD BAR offered for grades 5-12 may include the following: lettuce, romaine, spinach, broccoli cauliflower and other fresh vegetables. Also included are: apples, oranges, canned and other fresh fruits.**

MENU SUBJECT TO CHANGE