





December

This Institution is an equal opportunity provider.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1/ BREAKFAST: Breakfast Pizza LUNCH: Chili, Crackers, Mini Cinni, Celery Sticks, Diced Pears Alternate: Turkey & Swiss	2/ BREAKFAST: Fruit Frudel LUNCH: Breaded Pork Tenderloin/WG Bun, Peas, Diced Peaches ALTERNATE: Chicken Salad/WG Croissant	3/ BREAKFAST: Scrambled Eggs & Toast LUNCH: Cheesy Pull Aparts, (baked bread filled with cheese) Marinara, Corn, Mixed Fruit ALTERNATE: Turkey, Ham, Cheese Sub	
	6/ BREAKFAST: Snack Bread LUNCH: Sloppy Joes/WG Bun, Potato Smiles, Mixed Vegetables, Mandrain Oranges ALTERNATE: Egg Salad/WG Bun	7/ BREAKFAST: Pancake, Sausage Bites LUNCH: Grilled Chicken/WG Bun, Corn, Apple Slices ALTERNATE: Cold Ham & Cheese/WG Bun	8/ BREAKFAST: Cinnamon Roll LUNCH: Scalloped Potato & Ham, Green Beans, Tea Roll, Diced Pears ALTERNATE: Turkey, Ham, Cheese Sub	9/ BREAKFAST: Yogurt Parfait LUNCH: Bratwurst/WG Bun, Baked Beans, Carrot Sticks/low calorie ranch, Orange ALTERNATE: Turkey Wrap	10/ BREAKFAST: Biscuit/Sausage Gravy LUNCH: Taco Pizza, Salsa, Toss Salad/Dressing, Mixed Fruit, WG Cookie ALTERNATE: Cold Ham/WG Bun	11/
	13/ BREAKFAST: Muffin Hamburger/WG Bun, Mixed Vegetables, Applesauce ALTERNATE: Cold Ham & Cheese/WG Bun	14/ BREAKFAST: Pancakes/low calorie syrup LUNCH: Corn Dog, Baked Beans, Fresh Cauliflower/low calorie ranch, Banana ALTERNATE: Turkey Wrap	15/ BREAKFAST: Breakfast Burrito LUNCH: Chicken Drumstick, Mashed Potatoes/Gravy, Green Beans, Tea Roll, Diced Pears ALTERNATE: Vegetable Egg Roll	16/ BREAKFAST: Mini Cinni LUNCH: BBQ Pork Rib/WG Bun, Coleslaw, Carrot Sticks/low calorie ranch, Diced Peaches ALTERNATE: Chicken Salad/WG Bun	17/ BREAKFAST: Cheese Omelet & Toast LUNCH: Pizza Crunchers, Marinara, Romaine/Dressing, Pineapple Tidbits, Sherbet ALTERNATE: Turkey, Ham, Cheese Sub	18/
	20/ BREAKFAST: Bagel/Cream Cheese LUNCH: Breaded Chicken Patty/WG Bun, Steamed Carrots, Celery Sticks/low calorie ranch, Mixed Fruit ALTERNATE: Egg Salad/WG Bun	21/ BREAKFAST: Waffles/low calorie syrup LUNCH: Chicken Taquitos (similar to crispitos), Salsa, Shredded Cheese, Lettuce, Apple Slices ALTERNATE: Turkey, Ham, Cheese Sub	22/ BREAKFAST: Long John LUNCH: Beef Hot Dog/WG Bun, Peas, Corn Chips, Diced Peaches ALTERNATE: Turkey/WG Bun	23/ NO SCHOOL WINTER BREAK	24/ NO SCHOOL WINTER BREAK	
	27/ NO SCHOOL WINTER BREAK	28/ NO SCHOOL WINTER BREAK	29/ NO SCHOOL WINTER BREAK	30/ NO SCHOOL WINTER BREAK	31/ NO SCHOOL WINTER BREAK	

BREAKFAST options includes cereal variety, oatmeal, toast, applesauce, orange, orange juice, apple juice, grape juice fresh fruit variety

SALAD BAR offered for grades 5-12 may include the following: lettuce, romaine, spinach, broccoli cauliflower and other fresh vegetables. Also included are: apples, oranges, canned and other fresh fruits.